

AGENDA — Two-Day Institute

School-Wide Guidance Strategies for Instructional Leaders

Strategies for Counseling and Academic Coaching Using My10yearPlan.com®

DAY ONE

Morning Session:

An Overview of the Get Focused...Stay Focused!®/Freshman Transition Program

- What is comprehensive guidance in the classroom?
- Review the available print and online curriculum and tools:
 - Get Focused — freshman curriculum overview
 - My10yearPlan.com® overview (Essentials and Interactive)
 - Stay Focused — 10th, 11th, and 12th grade curriculum overview
 - GFSF Program and Instructional Manual
 - The online 10-Step Plan for school-wide implementation

How does My10yearPlan.com® work?

- Go online to explore My10yearPlan.com®*
 - Learn the difference between the student and teacher experience
 - Explore how counselors, advisors, and instructors interact with My10yearPlan.com® for data-driven student meetings

**During the lunch break, participants will download the My10yearPlan.com® mobile app.*

Afternoon Session:

What is academic coaching? How does it work?

- See how every teacher can be an advisor and an important part of the guidance functions on campus
- Study an overview of “distributive counseling” and its benefits
- GO ONLINE to learn how to access students’ 10-year Plan Summary pages
- Experience the mobile app and see how it works
- Learn how to provide professional development for all faculty
- Strategize how to use students’ 10-year Plans for academic coaching

The Role of the Counselor on the GFSF Program Leadership Team

- Outline the counselor’s role in supporting the GFSF follow-up modules in the 10th, 11th, and 12th grades through team-teaching opportunities
- Review the content of the follow-up modules so advising strategies can be planned
- Pick up counseling tips for reviewing a student’s data-rich Skills-Based Education Plan
- Learn strategies for introducing the 10-year Plan to local college partners, resulting in a seamless transition for college counselors working with arriving students

DAY TWO

Morning Session:

CAREing Conversations workshop by Dr. Rebecca Dedmond, Director of the Freshman Transition Initiative and Associate Professor of Counseling and Human Development at The George Washington University, Washington, D.C.

- Learn about the CAREing Conversations model and strategies for delivery
- Practice strategies for working with students using the CAREing Conversations model to build trust and intrinsic motivation through role playing and case studies
- Explore whole-school capacity-building opportunities to effectively use the CAREing Conversations model using My10yearPlan.com[®] for advisory and academic coaching

Afternoon Session:

Action Planning and Reporting Out

- Write customized action plans from the information compiled throughout the two days by:
 - o Developing a professional development plan to build the capacity of the school instructors to:
 - Use the 10-year Plan for academic coaching and counseling
 - Use the CAREing Conversations model
 - o Developing a plan to get buy-in for the FTI/GFSF program from the whole school, the district, and the parents so all are referring to student's 10 year Plans
 - o Making recommendations for an implementation plan using curriculum components of GFSF: the freshman course; the 10th, 11th, and 12th grade follow-up modules; and the whole-school initiative with every instructor an advisor
 - o Developing a plan to orient the school community to the unique Skills-Based Education Plan
 - o Developing a collaboration plan to work with local colleges for seamless transition of their students' 10-year Plans
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